

**Seventh Annual
Wolf
Football
Camp
2008**

**A controlled contact
camp presented by
Shasta High School
Football**



Ages 7-14

July 14-17

*Sponsored by Sport and Cycle and
Outback Steakhouse*

Shasta Football Camp Registration Form

Complete this form and return it with the \$55.00 registration fee by July 1, 2008, payable to Shasta Football. Mail to:
Shasta High School 2500 Eureka Way, Redding, CA 96001 Att. Coach Gingery. **NO REFUNDS AFTER July 1st!**

Athlete's Name _____ Age _____ Home phone _____

Address _____ City _____ Zip _____ Current school attending _____

T-Shirt Size: Child L S M L XL _____ Restrictions on Participation _____

My son has permission to attend the Wolf Football Camp. I will be responsible for any medical or other charges in connection with his attendance at camp.

Parent's signature _____ Parent's name (printed) _____

**CAMP PURPOSE AND -----
BENEFITS TO YOU -----**

The main objective of the Shasta Football Camp is to provide an enjoyable football experience which includes quality, individualized instruction.

In a positive atmosphere of fun and personalized instruction, you will:

- improve your skills and ability
- increase your confidence
- learn personalized drills which makes practice more effective
- improve tempo, enthusiasm, and intensity through a 15 minute daily circuit
- learn team cooperation and team concept

You will participate in a controlled contact environment which will include:

- individualized and team techniques
- drill stations for all levels and positions
- leadership and motivational discussions with championship high school coaches/players
- 11 hours of personalized instruction including offense, defense, and special teams

In addition, preregistered athletes will receive:

- camp T-shirt
- camp awards

**GENERAL -----
INFORMATION -----**

Report Location and Times

The camp will take place Monday through Thursday on the Shasta High School campus. Each day the focus will be on proper contact form, enthusiasm for the sport, and team concepts. Parents are welcome to watch from the stands.

Daily Schedule

Each day our camp will follow the following tentative schedule:

- | | |
|-----------|--|
| 5:30 | Registration/check-in
(Monday only) |
| 6:00-7:15 | Practice one |
| 7:15-7:35 | Break |
| 7:35-8:45 | Practice two |



Registration

Complete the attached form and return it with the registration fee of \$55 (\$65 after July 1) payable to Shasta High Football. No refunds after July 1st.

Medical

Parents must complete the attached form before the athlete is permitted to participate. An athletic trainer will be at the camp and medical facilities are nearby.

What to Bring

- Football pads (NOT provided by the camp)
- Football shoes or other shoes with cleats (no baseball spikes!)
- T-shirt will be provided